

Fresh Air



OutSpokin' Wheelmen

Prez Sez

November 2017

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Time. . . . How much time do we have to do the things we want? How much time do we have to get things done? It seems there is never enough of it. I've heard people say that time is moving too quickly. We have the same amount; I think we are just busier than we used to be. According to the numbers, it looks as though many of us had plenty of time to ride our bikes this season. We met the goal of raising the total mileage from last year. We surpassed the goal of active riders.

It's also time to save some daylight. Nearly 80 countries currently observe some form of Daylight Saving Time, and many are moving their clocks backward or forward at this time of year. On November 5th, we will move our clocks backward one hour. We may need to get those late afternoon rides in a little sooner and be sure to have your lights on!

It's time for the OSW annual banquet on November 4th. This will be a good time for everyone to get together and celebrate what's been a good riding season.

One last thing about time is that we have to make the most of it and enjoy it. Some say that you should not waste your time. However, if I enjoy wasting some time, is it really wasted??

- Mary

Editor's Note: If your Fresh Air did not get to you, please check your address/status with our Membership Chair Jan McWilliams (janicemcw@att.net), to be sure it is current. Every month a new list of addresses is sent to the editor to send out that issue.

Secretary's Notes

OSW Meeting, October 11, 2017

The October 11th meeting of the OSW club was held at Rachels restaurant in Austintown. The meeting was called to order by President Mary Merritt. Mary welcomed all the members, we had no guests present for the meeting. Rosemary made a motion to approve the September minutes and Ed seconded the motion.

President – Mary Merritt – Mary reminded everyone that the banquet is November 4th and reservations are due by October 23rd.

Vice President – Neil Betts – Neil reported that research is still under way for updating the website. Mary suggested that members look at other bike clubs websites to see what they offer on their sites that we might want to add to ours. Rick suggested that ride schedules and mileage reports be moved to the web site.

Treasurer – Lynn Baker – no report at this time.

Secretary – Lori Swan – see newsletter for report.

Trustee – Ed Howley – The club received a thank you note from the Rescue Mission for the donation that was made for John Chismar's brother Gerald.

Committee Reports

Bikeways – Neil Betts – Neil thanked Juli for all her hard work as Ride Captain and getting the members to add more rides to the schedule.

Fresh Air – Bill Adams – Bill reported that as of December, he is resigning as editor. Anyone interested in this position, please contact Bill.

Historian – Lark Dickstein – no report at this time

Membership – Jan McWilliams – no report

Mileage – Rick Huggins – this year we have 106 active riders, our goal was 90 for the club. Current mileage for the year is 73,765 miles, this is up 140 percent from last year. Mileage awards will be given out at the December meeting, Rick will not be able to attend the banquet due to a family wedding.

NEOC – John Nagy – John reported that it was the first time ever to have 200 riders participate. John is going to look into the cost of large banner flags that can be used for NEOC for next year. John reported that he had no bad comments from anyone on this year's NEOC. The beautiful fall weather that day, made it a huge success. Next year's date is September 16th, 2018

Program – Steve Duchene – absent

Ride Captain – Juli Boles – no report

Safety – Frank Krygowski – absent from the meeting. Ed reported that he and Frank submitted

three policy recommendations regarding bike facilities to the Mill Creek Metroparks Board of Commissioners. The recommendations were:

1. Form a Bicycling Advisory Committee consisting of knowledgeable cyclist.
2. Commit to following the AASHTO Manual for the Design of Bicycle Facilities in the future.
3. Commit to fixing designs that violate the AASHTO standards.

SICCO- Dave Hughes – no report

Social – Nalungo Ode – no report

Web site- Bill Adams – no report

OLD BUSINESS

Mary provided a policy on club rides/mileage statement for the club to vote on. The committee had met on September 27th and proposed the statement included later in this newsletter. A paper ballot vote was taken and was passed by the club. Club insurance is still being looked into, to provide the best coverage for all.

Mary is looking for anyone willing to take over the Fresh Air's Editor's position. Bill is willing to help the new person with this position.

NEW BUSINESS

Barb Howley is looking for anyone to take over the Christmas tree decorating and undecorating as she will be out of town for both events. Anyone interested in taking over this job, please contact Barb. Barb has all the decorations. Barb reported that last year she had a lot of help and decorating went quickly.

Once again John had wonderful prizes to be given away to lucky members.

Submitted by Lori Swan.

New Members

Canfield

Bruce Murwin

Salem

Celeste Baronzzi

John Gamble

Note of Thanks

I want to thank all the riders who came on my Wednesday rides. It was great to ride with all of you. Let's do it again next year.

Happy & safe riding to all.

Rosemary

November 2017

Mileage Report

Here are this month's mileage leaders!

| Rank | (Last Name, First) | Total Miles | Rides |
|------|--------------------|-------------|-------|
| 1 | King, Jerry | 6347 | 115 |
| 2 | McCuen, David | 4209 | 106 |
| 3 | Murwin, Bob | 4081 | 102 |
| 4 | Henderson, Jack | 4080 | 63 |
| 5 | Baker, Lyn | 3837 | 97 |
| 6 | McWilliams, Janice | 3718 | 96 |
| 7 | Hughes, David | 3272 | 68 |
| 8 | Huggins, Rick | 2798 | 44 |
| 9 | Boles, Juli | 2395 | 76 |
| 10 | Walker, Kelley | 2126 | 84 |
| 11 | Sherman, Thomas | 2094 | 55 |
| 12 | Howley, Barb | 2029 | 62 |
| 13 | Howley, Ed | 2019 | 62 |
| 14 | Murphy, Brian | 1993 | 75 |
| 15 | Nagy, John | 1877 | 69 |
| 16 | Kravec, Ed | 1838 | 27 |
| 17 | Cameron, Rich | 1661 | 55 |
| 18 | Rothbrust, Tony | 1468 | 53 |
| 19 | Thomas, John | 1430 | 52 |
| 20 | Boyer, Chuck | 1324 | 21 |

| Club Data | Current YTD | Prior YTD |
|---------------------|-------------|-----------|
| Total Club Miles | 76374 | 55971 |
| Ride Participations | 2057 | 1672 |
| Average Ride Length | 37.1 | 33.5 |
| Active Riders YTD | 106 | 91 |

Do you want to receive Ride Report messages and mid-month Ride Schedule updates via email? Send your email address to RickHuggins@prodigy.net and be sure to add my email address to your "safe sender" list so the updates aren't blocked by your spam filter. - Rick

November Birthdays

| | | | |
|----|-------------------|----|----------------------|
| 1 | Jeremy Hulick | 12 | Nancy Hetrick |
| 2 | Janie Crowl | 12 | Ginny Morgan |
| 2 | Mike Gaunter | 13 | Tom Gray |
| 4 | David Fox | 13 | John Sokol |
| 4 | David Hughes | 13 | Shawn Walker |
| 4 | Marvin Slepian | 15 | Lowell Satre |
| 5 | Steve DuChene | 16 | Anna Prontka |
| 5 | Marina Liptak | 19 | Nan Pretot |
| 5 | Sandy Meanor | 20 | Edward Jay |
| 5 | Rebecca Slepian | 21 | Peg Krygowski |
| 5 | Bob Voytilla | 21 | Tony Rothbrust |
| 6 | Julie Boles | 22 | Leonard Hall |
| 6 | Edward Lyden | 24 | Edward Turek |
| 7 | Katherine Bennett | 25 | Robert Granny |
| 7 | Bob Hendricks | 27 | Jim Dubriel |
| 8 | Yvonne Hulick | 28 | Martha Delahunty |
| 10 | Paula Tucsik | 28 | Lucy Johns |
| 11 | Jim Duda | 28 | George Mavrikis |
| 11 | Debbie Vogt | 29 | Lisa McDevitt-McCann |
| 12 | Bob Dyce | 30 | Traudi Reed |

Club Ride and Mileage Policy 10/11/2017

A club ride is any ride that is planned, scheduled and led by an OSW member. The member listing the ride is the ride leader. They must be knowledgeable of the route. Details of the ride will be given to the ride captain for posting on the schedule. The ride leader will turn in the mileage of all participants. A ride that is not scheduled, planned, or led by OSW is not an OSW club ride and will not count towards mileage.

Currently, the only fee based rides that count towards mileage are the WOW ride and the Garrett Wonders Ride, and the OSW sponsored SICCO and NEOC. OSW members participating in these rides will turn in their own mileage to the Mileage Chairman.

An OSW Touring ride is a multi-day event outside the local OSW area, planned by OSW member(s) and led by OSW members and are exclusively for OSW members. Tours will be submitted to the Executive Board for review.

If touring rides are assisted by an outfitter company, the fee paid to them is not for the ride, but rather for their services to make such a ride possible and convenient for OSW club members.

OSW Touring Rides will include the following criteria.

1. Tours must be planned and organized by an OSW member(s). (No organized tours will be counted as club tours, i.e. G.O.B.A, XOBA, HHH, etc.)
2. The ride leader(s) are responsible for listing the ride in a timely manner, giving members time to make appropriate plans. Advance notice time frame would vary according to location and length of ride.
3. The ride leader(s) will provide information on all details of the ride including location, start and end date, daily start and end time, daily mileage information, places to eat, and points of interest.
4. Hotel/motel information will be defined (location, phone numbers, rates, and if a block of rooms will be reserved). It will be the individual's responsibility to make their own lodging reservations and provide their own transportation.
5. The ride leader(s) will note whether or not the number of riders is limited.
6. All ride details will be posted in the ride schedule according to the advance time frame needed.
7. The ride leader will turn in mileage for participants at the end of the tour.

A Summer Reunion with Ohio Bicycling

What? Had it been forty years already?

My shoulders slumped down over my keyboard.

But there it was in a plain, black-n-white, e-mail message. My Logan Elm High School forty year reunion was scheduled for Saturday, June twenty-fourth, 2017, near Circleville, Ohio.

But therein lay the problem: I now live on Hilton Head Island, South Carolina—a mere twelve hour drive from Circleville. Yikes!

But I had to go! So I got to thinking . . .

Every summer I do a four week bicycle tour in some portion of this great country. My tours in years past have included Michigan, Wisconsin, and Minnesota; all in an attempt to escape South Carolina's withering heat. So I guess my 2017 tour would involve a swing around Ohio after the reunion.

To which my South Carolina friends replied "Ohio? There's nothing to see in Ohio."

And oh, how I intended to prove them wrong.

Thus, I began a year's worth of planning for my summer of 2017 Ohio bicycle tour. Spending countless weekday evenings and Sunday mornings hunched over my computer with Sharpie markers, I made what I call "mini-maps". The plan was to use those laminated mini-maps, starting at my Mother's house in Lancaster, and pedal rail-trails up to the Rock-n-Roll Hall of Fame in Cleveland and back.

At that point in the planning stage, I had never even heard of the Ohio to Erie Bicycle Trail. It was six months later when I bumped my way upon the web site for the "green number one".

I departed Hilton Head Island on Thursday, June twenty-second with my trusty Trek strapped to the top of my Civic. I arrived at Mom's house the next day.

My high school reunion was a blast, even though we had to resort to "Hi! My name is _____" nametags. But what do you expect after forty years?

My bicycle adventure officially began on Sunday, June twenty-fifth, as I pedaled Ohio State Route Thirty-seven north out of Lancaster to eventually camp at the Buckeye Lake member to Campgrounds of America (KOA). My first night's dinner fare was a veggie pizza from the Pizza Cottage.

The next day I jumped on the Buckeye Scenic rail-trail to later play tourist at the Newark earthworks before then finding the trailhead to the T.J. Evans rail-trail. God, I love pedaling on pavement through a green "tunnel of trees"! Secondly, today's lunch was at Johnstown's Old Horseshoe Tavern. So far all of my homework was paying off.

On the morning of Tuesday, June twenty-seventh, I stumbled upon my first sign with the "green number one". So after breakfast in the Galena Diner, I hopped onto the Ohio to Erie Bicycle Trail and headed north. A few hours later I ate a cold, leftover pancake at the trailhead to the Heart of Ohio rail-trail and continued on. Later, free bottles of water at a church pavilion saved me. I spent the night at the Mount Vernon Comfort Inn after walking around Aerial Foundation Park and eating chicken parmesan at the Southside Diner. The latter was a nostalgic return to the 1950s.

Wednesday, June twenty-eighth, involved a stint on the Kokosing Gap Trail, where I enjoyed Gambier. There the trail provides some interesting scenery as it passes briefly along the edge of the Kenyon college campus. The rest station is across from a wonderful display of an old steam engine, coal car, flatbed, and caboose alongside the trail. The cars serve as a fine monument to this rail-trail's past. Later I exited at Howard, taking an awesome picture of the magnificent stone arch over the trail. After a turkey sub at Nancy Maria's Pizzeria, I rented a kayak for the afternoon and paddled down the Kokosing River to return to my camp site. What a gorgeous river!

The next day I hopped on the Mohican Valley rail-trail, and dodged horse poop while pedaling to the "Bridge of Dreams", which provided a fantastic picture of Ohio's longest covered bridge. However, beyond that on the Holmes County rail-trail, I got lost on a detour. Verbal directions from two Amish boys got me back onto the Holmes County Trail, where I actually walked my Trek through the wet tar and working equipment of a paving extension project, and then pedaled three miles downhill on dirt to eat lunch at the Glenmont Tavern. I continued on to find a paved Holmes County trail to Millersburg. Ohio's Amish country is spectacular!

For Friday, June thirtieth, a patron in Lem's Pizza had told me that Wayne County Highway Two only had "rolling hills" to Mount Eaton. Well, ten "walkers" later, I was exhausted and eating a turkey sub there with a room at the Evergreen Inn due to the threat of thunderstorms.

The next morning, after a fantastic breakfast at the Red Tomato, I continued over five "walkers" to Dalton, where I caught the Scippo Valley rail-trail and its five mile unpaved middle section to Massillon. There, I had a chicken burrito at Chipotle and then turned north on the famous Ohio and Erie Canal Tow Path to later pitch my tent at the Canal Fulton Canoe Livery.

The highlights of Sunday, July second, were eggs over easy at The Century House in Canal Fulton, a chicken sandwich at J. J.'s Steakhouse in Barberton, and spaghetti at Luigi's in Akron. In between, I played tourist at both the south and north ends of the eight mile portage path used by Native Americans between the Tuscarawas and Cuyahoga Rivers. I'm sooooo into that kind of stuff.

November 2017

On Monday, July third—still on the Tow Path—I visited the Lock Twenty-eight quarry and the official Ohio and Erie Canal visitor's center. Lunch was at Fischer's Café in Peninsula, as I continued to relearn the importance of fueling the machine. After getting a room at the Independence Comfort Inn, I ate at the Winking Lizard Tavern. The stage was set for my trip's climax tomorrow.

On Tuesday, July fourth, I pedaled to downtown Cleveland while greeting everyone with a cherry "Happy birthday". There, I played tourist all afternoon at the Rock-n-Roll hall of fame. It was awesome! The check-in clerk at the downtown Comfort Inn had told me earlier that I would be able to watch fireworks over Cleveland Stadium that night from my room's window . . . but I was asleep by seven.

The next day, the adventure only continued. I pedaled to see the house in Cleveland where the movie "A Christmas Story" was filmed. How hilarious! Then I was back on the Tow Path to pedal south for thirteen miles and get a bottom bunk at the Sanford House, a hostel in Cuyahoga National Park. At six o'clock, I had a veggie pizza delivered to my picnic table.

Thursday, July sixth, found me eating cold pizza for breakfast and then pedaling to Clinton, where I pitched my tent in the pavilion at Hillside Park. During the day while southbound on the Ohio and Erie Canal Tow Path, I saw the things that I missed while going northbound, like the statue in Barberton of Hopocan—an eighteenth century chief of the Delaware. Like I said earlier . . . I'm sooooo into that kind of stuff. On my way through Akron, I ate lunch at The Sweet Treats Grill and then later Chicken wraps from Rusty Railz in Clinton provided both Thursday's supper and Friday's breakfast.

On Friday the seventh, I pedaled in the rain to get a room at the Massillon Hampton Inn. Tomorrow would start a new part of my adventure so I wanted to be fresh and motivated. Plus, the forecast called for thunderstorms. That night, I treated myself to Shrimp Fettuccini Alfredo at an Italian eatery called Bella Sera.

The next morning, I said "good-bye" to the Tow Path to explore another gem. Few people know that Ohio contains a portion of the famous Lincoln Highway, which was the first paved, transcontinental highway across America. Conceived in 1912 and formally dedicated on October thirty-first, 1913, the Lincoln Highway ran coast-to-coast from Times Square in New York City to Lincoln Park in San Francisco.

So from Massillon, I pedaled west on the Scippo rail-trail to Dalton and then onto the Lincoln Highway—now Ohio State Route One Seven Two. In my planning, I was worried about the Lincoln Highway not having enough of a shoulder to ride upon, but Jeeesh! I had an entire right lane meant only for tractors and buggies! I pedaled on remnants of the old highway, and at day's end, I got a room at the Wooster Best Western Inn. That night I

treated myself to a huge hunk of beef at the City Square Steakhouse.

On Sunday, July ninth, I pedaled from Wooster to camp site number one-four-six at Charles Mill Lake Park. My planning called for meals at the Mifflin Inn, but it is now closed. Gionino's pizza delivery to the park gate saved my butt.

As for my day, 1999's A History and Road Guide of the Lincoln Highway in Ohio by Michael Buettner states "The route of the 1928 Lincoln Highway between Wooster and Mansfield is probably the best scenic section to travel on this route across Ohio". Well, it certainly lived up to that billing.

For me, the reason for day trips to Mansfield on both July tenth and eleventh was a no-brainer. One of my favorite movies is 1994's "The Shawshank Redemption" starring Tim Robbins and Morgan Freeman. Well, this masterpiece was filmed in Mansfield at the old, abandoned reformatory, where they now offer guided and self-guided tours. Additionally, there is a driving tour that contains local sites involved in the filming.

Plus, you can't go wrong with cold, leftover Gionino's pizza for breakfast on the morning of the tenth and then eating an early lunch at the Coney Island Inn in downtown Mansfield.

I spent the night of Tuesday, the eleventh, at the Comfort Inn in Mansfield because it was near the trailhead to the Richland B and O rail-trail. Plus it allowed me to dry out all my camping gear from the previous night's thunderstorm by hanging it in my room.

Thus, on the morning of Wednesday, July twelfth, I wrestled my Trek down a wooded embankment to join that rail-trail where it passes beneath Trimble Road. Ahhhhhh . . . it was more pavement through a green tunnel of trees. I love it! My mid-morning refueling stop was at the V & N Family Restaurant in Bellville, where I enjoyed my usual seat at the counter. Eventually, I ended up back in Mount Vernon for the evening where I returned to the 1950s and ate chicken parmesan at the Southside Diner again.

The next day took me from Ohio State Route Thirteen South to Ohio State Route Thirty-seven again. My mid-morning refueling stop was at the only store in the tiny town of Homer, where the lady behind the counter gave me a lawn chair to sit in. Is this a great state or what? Then I pedaled to the Buxton Inn in Granville, where I ate at The Bar on Broadway.

On Friday the fourteenth, I cruised back to Mom's house in Lancaster. Whew! I made it.

So when is my next reunion?

Content courtesy of John Scanlan, Hilton Head Island, South Carolina.

November Rides + Activities:

Speeds: Leisurely: 9-11, Low-moderate:11-13,
Mid-moderate:12-14, High-moderate:13-15,
Brisk:15-18, Fast: 18+ mph

Rides should be submitted to our ride captain Juli Boles at harleyj@roadrunner.com

Please note: The printed schedule is subject to change. Please check the ride schedule on the website for additions or cancellations. Our ride captain also sends out email updates of the schedule. Contact Rick to be added to the update email list.

Wed. Nov 1 Washingtonville Wednesday Ride Leaves the Washingtonville Greenway trailhead parking lot at 4pm. 35+ miles at high-moderate to brisk pace, with only short breaks. Will start on the roads and switch to the bike trail when it gets dark. Bring a headlight! Weather and trail conditions permitting. Call Jerry King at 330-398-2927.

Thur. Nov 2 Meet 4PM Canfield Experimental Farm parking lot. Low Moderate pace. 20-28 miles on trail and or road. Have lights and no ride rain or snow. Tony Rothbrust 330-337-0798.

Fri. Nov 3 Friday morning rides starting at 10am At Canfield Farm parking lot. Only if temperature is above 40 degrees at start time Moderate speed around 40 miles in length A short snack break possibly. Dave McCuen 216-4966-1220

Sat. Nov 4 November Metric Leaves from the Salem 2nd St.. public parking lot (Between Lincoln & Ellsworth Aves.) at 9am. 60+ miles on gently rolling to slightly hilly terrain, at brisk pace. (weather backup date Nov 11) Call Jerry King at 330-398-2927.

Sat. Nov 4 Meet at 10AM at Gustavus Town Hall at the corner of State Routes 87 & 193 for apprx 45 mile ride at mid mod pace. Lunch in Orwell. No ride if temp below 45 degrees. Kelley Walker 330-505-3573

Sat. Nov 4 Meet 1:00 pm Poland High School for apprx 30 mile ride over PA & OH rolling terrain.. Pace high-moderate. No ride in inclement weather. Rich Cameron 724-714-7928

Sat. Nov 4 OSW ANNUAL BANQUET 2017 Bruno's, Boardman, Oh. Social 6pm, Dinner 7pm, Program 8pm. Questions or reservations Mary Merritt 330-383-5993.

Sun. Nov 5 Salem Afternoon Ride Leaves from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 2pm. 40+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927.

Mon. Nov 6 Hill Repeats Leaves from the Leetonia trailhead at 11am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high moderate pace. 30++ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

Tues. Nov 7 Mill Creek Park Ride. Meet 2PM (note time change) at Newport Wetlands for 25-30 mile ride in and out of Park. High moderate pace (B group invited). No ride in inclement weather. Rich Cameron 724-714-7928.

Wed. Nov 8 Canfield Wednesday Ride Leaves the Canfield Greenway trailhead parking lot at 4pm. 35+ miles at high-moderate to brisk pace, with only short breaks. Will start on the roads and switch to the bike trail when it gets dark. Bring a headlight! Weather and trail conditions permitting. Call Jerry King at 330-398-2927.

Thur. Nov 9 Meet 4PM Canfield Experimental Farm parking lot. Low Moderate pace. 20-28 miles on trail and or road. Have lights and no ride rain or snow. Tony Rothbrust 330-337-0798.

Fri. Nov 10 Friday morning rides starting at 10am At Canfield Farm parking lot. Only if temperature is above 40 degrees at start time Moderate speed around 40 miles in length A short snack break possibly. Dave McCuen 216-4966-1220

Sat. Nov 11 Meet 1:00 pm Poland High School for apprx 30 mile ride over PA & OH rolling terrain. Pace high-moderate. No ride in inclement weather. Rich Cameron 724-714-7928

Sun. Nov 12 LAKE NEWPORT HIKE. Gather at Newport Wetlands parking lot at 1:30 pm for five-mile hike around Mill Creek Park's Lake Newport. Wear hiking boots. No hike in the rain. Pete Milliken 330-792-0232.

Sun. Nov 12 Salem Afternoon Ride Leaves from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 2pm. 40+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927.

Mon. Nov 13 Hill Repeats Leaves from the Leetonia trailhead at 11am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high moderate pace. 30++ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

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Tues. Nov 14 Mill Creek Park Ride. Meet 2PM (note time change) at Newport Wetlands for 25-30 mile ride in and out of Park. High moderate pace (B group invited). No ride in inclement weather. Rich Cameron 724-714-7928.

Thur. Nov 16 Meet 4PM Canfield Experimental Farm parking lot. Low Moderate pace. 20-28 miles on trail and or road.. Have lights and no ride rain or snow. Tony Rothbrust 330-337-0798.

Fri. Nov 17 Friday morning rides starting at 10am At Canfield Farm parking lot. Only if temperature is above 40 degrees at start time Moderate speed around 40 miles in length A short snack break possibly. Dave McCuen 216-4966-1220

Sat. Nov 18 Meet 1:00 pm Poland High School for apprx 30 mile ride over PA & OH rolling terrain. Pace high-moderate. No ride in inclement weather. Rich Cameron 724-714-7928

Tues. Nov 21 Mill Creek Park Ride. Meet 2PM (note time change) at Newport Wetlands for 25-30 mile ride in and out of Park. High moderate pace (B group invited). No ride in inclement weather. Rich Cameron 724-714-7928.

Fri. Nov 24 Friday morning rides starting at 10am At Canfield Farm parking lot. Only if temperature is above 40 degrees at start time Moderate speed around 40 miles in length A short snack break possibly. Dave McCuen 216-4966-1220

Sat. Nov 25 Meet 1:00 pm Poland High School for apprx 30 mile ride over PA & OH rolling terrain. Pace high-moderate. No ride in inclement weather. Rich Cameron 724-714-7928

Sun. Nov. 26 Hike to the Olde Fashioned Christmas at the Mill. See Lanterman's Mill dressed in holiday finery for this special event. You can taste chestnuts roasted on an open fire, purchase unique gifts, and be entertained by a juggler, a bagpiper, and other fine musicians. Meet at the Silver Bridge parking lot in the Flats at 11:00 for a short hike to the Old Mill. Call Nancy Vasel at 330.984.3800

Tues. Nov 28 Mill Creek Park Ride. Meet 2PM (note time change) at Newport Wetlands for 25-30 mile ride in and out of Park. High moderate pace (B group invited). No ride in inclement weather. Rich Cameron 724-714-7928.

Thur. Nov 30 Meet 4PM Canfield Experimental Farm parking lot. Low Moderate pace. 20-28 miles on trail and or road. Have lights and no ride rain or snow. Tony Rothbrust 330-337-0798.

DECEMBER PREVIEW:

LAKE GLACIER HIKE on Saturday, Dec. 9

Gather at 10 a.m. in front of the Davis Center in Mill Creek Park's Fellows Riverside Gardens, 123 McKinley Ave., for a four-mile hike in the northern part of the park. Wear hiking boots. No hike in the rain. Lunch and Christmas shopping available after the hike in the Davis Center. Call Pete Milliken at 330-792-0232.

