

Fresh Air



OutSpokin' Wheelmen

Prez Sez

May 2017

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Editor's Note: If your Fresh Air did not get to you,
please check your address/status with our
Membership Chair Jan McWilliams

(janicemcw@att.net), to be sure it is current.

Every month a new list of addresses is sent to the
editor to send out that issue.

Elections for president and vice-president
will be held at the May OSW meeting.

Steve Duchene and Neil Betts have been
nominated for VP so far. Mary Merritt and
John Nagy have been nominated for
president so far.

Nominations are still open at the May
meeting.

OSW Monthly Meeting
Thursday, May 11, 2017
6:30pm social/7:30pm meeting
Ice House
5516 West Webb Rd., Austintown

Secretary's Notes

OSW Meeting, April 12, 2017

Ed Howley introduced guest speaker, Chuck Fetrow. Chuck represented a group of friends of Bill Thorne from Champion, who passed away while biking in South Carolina. The group wanted to honor Bill's memory by installing bike repair stations on the trails. When they heard of our project, they decided, instead, to install all-weather duro bike air pumps next to the repair stations if there was no objection from the club members. There was no objection.

Ed called the meeting to order. Mary had a correction to the minutes noting that the Talerico's would handle the kitchen at NEOC, not the club picnic as stated in the March minutes. Ed made a motion to accept the minutes as corrected. Rose Mary accepted the motion and Lori seconded the motion.

EXECUTIVE BOARD

President – Vacant

VP -Vacant

Treasurer – Lyn Baker. Lyn reported that the opening balance for the month was \$12,420.00; ending balance was \$12,598.83. See the Financial report for details.

Secretary – Mary Merritt. No report other than the correction to the minutes.

Trustee – No report.

COMMITTEE REPORTS

Advocacy – No Chairman.

Bikeways – Neil Betts did not have any updates on bikeways, but did remind club members that the hats and jerseys were in and could be picked up for him at the meeting.

Historian – Lark Dickstein. See Historians report for details.

Membership- Jan McWilliams. Jan reported that 33 new members have joined the club. One hundred members have renewed. There are 60 outstanding letters of renewal.

Mileage – Rick Huggins. Rick reported that the National Bike Challenge will begin on May 1st. There is a new website that is easier to use. Members will need to click on the waivers link in order for their information to appear. Our OSW team name is Out-spokin'.

Mileage and active riders at this time last year was 3,840; 32 riders. To date - 55 active riders have ridden 11,481 miles.

SICCO – Dave Hughes reported that everything is set for the ride on Sunday, April 23rd. Ode is helping him to mark the roads.

Dave thanked Jan McWilliams for her hard work in updating the membership list and getting the renewal, as well as new member letters mailed. The members gave Jan a round of applause.

Social – no report

Old Business – John Nagy talked about moving forward with the printing of the window clings. He stated that the Print Factory quoted him a price in January of 2,500 for \$550.00. He had a written quote and will ask if they will hold that price. If not, he found a web site that will do 1,500 for \$400.00. He thinks that the clings will add to the visibility of the 3 foot passing law. The clings could be placed on counters at bike shops and tables at rides. He will add two per handout bag at NEOC. Barb made a motion to go ahead with the clings and that the club allocates no more than \$600.00 for printing of the clings. The motion was passed. Neil questioned the visibility of the clings and suggested more yard signs. John agreed that the yard signs are good promotion for the passing law, but feels they are expensive. He suggested that we put out a can for donations. Most members did not like that idea.

New Business – As both the President and the VP have resigned, nominations were taken for both positions. John Nagy and Mary Merritt were nominated for President, and both accepted. For VP, Steve Duchene expressed interest at the last meeting and said he would accept a nomination. Neil Betts was also nominated and accepted. A motion was made to close the nominations. Nalungo seconded the motion. Ballot voting will take place at the next meeting.

Ed suggested that we move our meetings back to Wednesday at Rachel's. The room is available. A motion was made to move the meetings, however, not until after the May meeting. Lark seconded the motion. All were in favor.

Lyn Baker passed around a "Spin the Lakes" flyer. The event is June 3rd at Mastropietro Winery. She also noted that she has extra Helmet ID's if anyone needs a few more.

The Banquet planning is usually handled by the President. Barb noted that planning takes time and volunteered to start looking for a suitable

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place. Traditionally, the banquet is held mid-November.

In other new business, Ed read a note from the Satre's requesting \$50.00 each for the Pelatonia Ride that supports Cancer Research at Ohio State University. Dave Hughes suggested we give them more, but it was decided to stay with their request of \$50.00 each. Lark made a motion to grant their request. Eugenia second the motion. All were in favor. Ed will give out their ride numbers for anyone who wants to personally donate to their ride, which takes place August 5th and 6th.

The meeting was adjourned.

The next meeting will be held on May 11th, 2017 at the Ice House Inn in Austintown. Social hour at 6:30, followed by the meeting at 7:30.

OSW Treasurer's Report March, 2017

Beginning Balance: \$12,411.15

Income:

Membership	960.0
SICCO	144.0
Interest	0.1
Total Income	1104.1

Expenses:

Fresh Air	126.86
Website	17.98
Cards & stamps for compassion committee	25.76
Deposit for OSW picnic pavilion	90.00
Print factory - Yard signs, posters, membership forms	646.02
Stamps for membership	9.80
Total Expenses	916.42

Ending Balance \$12,598.83

Mileage Report

Here are this month's mileage leaders!

Rank	(Last Name, First)	Total Miles	Rides
1	King, Jerry	1130	26
2	Huggins, Rick	1042	30
3	McCuen, David	930	25
4	McWilliams, Jan	816	22
5	Murwin, Bob	804	22
6	Baker, Lyn	693	20
7	Henderson, Jack	612	12
8	Hughes, David	583	15
9	Sherman, Thomas	582	15
10	Boles, Juli	523	15
11	Howley, Barb	478	15
12	Howley, Ed	453	14
13	Cameron, Rich	408	12
14	Thomas, John	377	12
15	Kravec, Ed	370	9
16	Dickstein-Rienerth, Lark	308	9
17	Nagy, John	307	10
18	Seidel, Robert	282	5
19	Betts, Neil	253	7
20	Mines, Margaret	226	7

Club Data	Current YTD	Prior YTD
Total Club Miles	14004	6907
Ride Participations	404	212
Average Ride Length	34.7	32.6
Active Riders YTD	59	56

Do you want to receive Ride Report messages and mid-month Ride Schedule updates via email? Send your email address to RickHuggins@prodigy.net and be sure to add my email address to your "safe sender" list so the updates aren't blocked by your spam filter. - Rick

GAP Ride 2

A two week bike trip from Weirton, WV (or one week from Pittsburgh, PA) to Washington DC is being planned leaving August 9. Jack Henderson and Jerry King will be starting in Weirton and doing a round trip of 700+ miles over a two week period. They will be traveling the Panhandle, Montour, GAP, and C&O trails. Meeting them on the GAP trail on Day 1 will be Bob Seidel who will be doing a one way trip of 330 miles over 7 days on the GAP and C&O trails, returning to Pittsburgh by train.

This will be a self supporting camping trip though we will spend a few days in motels. If interested in joining us on this adventure give Jerry King a call at 330-398-2927 for more information.

May Birthdays

3 Neil Betts	25 Jim Baker
4 Carl Delahunty	26 Robert Seidle
4 Alan Wilber	28 Jack Henderson
6 Bettyann Nagy	29 Dale Dyce
6 Doug Crush	30 Kenneth Voorhies
10 Janet Evans	30 Kevin Nashbar
13 Ed Randall	30 Sara Weigel
17 John Chizmar	31 Chuck Boyer
18 Candi King	31 Gary Semics
20 John Sweetko	

New Members

Franklin, PA

Duke & Sandy Meanor

Lisbon

Adam Cunning

Scott Ricciardi

Canfield

Curtis Masters

Bill Mentzer

Columbiana

Guy Maggio

Orwell

Steve & Kathy Gyomber & Erin

Salem

Janie Crowl

Ed Cvelbar

Corey Hughes

Brian Martin

Warren

Michael & January Billock, Dylan & Hayden

Charles & Ann Fetrow

Spin The Lakes Bicycle Tour

Spin The Lakes Bicycle Tour is not a club sponsored ride, however proceeds go to a very good cause and we can support them by participating in this local event.

Saturday, June 3rd at the Mastropietro Winery. 9:00 AM for a 62 mile route and 10:30 for a 25 mile tour.

Your \$30 includes entertainment from Trilogy, a buffet, cheese table and desert, entry into a basket raffle, & silent auction. For an extra \$15 you get the wine and beer tasting also. The course will be uploaded on Strava one week before the tour. A KOM Award & QOM Award will be given for Strava users. The 1st Annual Spin The Lakes Bicycle Tour Stay & Graze Reception Wine & Beer Tasting is sponsored by Homes For Kids/Child and Family Solutions which provides Treatment Foster Care and offers Home Based Behavioral Health Solutions to over 1300 children and families in the Mahoning Valley.

You can register online at www.hfk.org. Call 330-544-8005 x 534 for more information or to register. Riders may register the day of the event.

Historian Report

Thank you to Bill Adams, Andrew Guyer, Jaclyn Komenak, Peg and Frank Krygowski for meeting with me on April 6th to preview the 1977 Slide Show by Pat Thomas (which remains available for a future club program). We used this as a springboard to discuss other issues related to preserving our history, as well as brainstorm ideas for our "oral history" project. The following recommendations were generated:

1. Related to the Fresh Air:

Future issues of Fresh Air will be directly archived with the Mahoning Valley Historical Society in both digital and print format. (At Bill Adams' recommendation.) (Thanks to Bill and Jerry King), digital Fresh Air issues are preserved from 2009. Over the next several months, back issues will be generated in digital format by the historian. All (existing) past issues will ultimately be available on-line via our website. (Bill Adams has suggested a couple of ways this can be done.)

2. Related to photographs and slides:

Whenever possible, hard copies of photographs or slides will be preferred for archival purposes. Digital photographs are preferred to be taken by camera and should be preserved at the very minimum of 800 dpi. Please label these with the names, date and place. (These suggestions are from Pam Speis, Chelsea Heck and Connie Jones of the MVHS.) In an effort to identify pictured past members in photographs, we will have small group meetings. (Ellen Satre's suggestion by phone.)

3. Related to preserving our oral history:

We will proceed to set up videotaped interviews of current and past OSW members with Connie Jones at the MVHS, as mutual schedules permit. Current information and techniques should be incorporated ~ e.g. Strava and time trials (Jaclyn Komenak & Andrew Guyer), Trail Maintenance Stands (Dave Hughes & Neil Betts). We will contact Dr. Donna DeBlasio again closer to Spring, 2018 regarding the Oral History class and whether some aspect of this project might be of interest to any students enrolled.

4. Finally, an opportunity may exist to advocate for and assist with highlighting bicycling in the Mahoning Valley at the rotating gallery in the Tyler Center of the MVHS sometime next year.

Despite our best efforts and many wonderful suggestions by Nancy Vasel, we continue to seek all 1974, January through March, 1975 and May through November, 1976 issues of Fresh Air. If anyone has archived digital Fresh Airs prior to 2009, please forward those issues to larkdickstein@aol.com.

Thank you!!

Lark

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SICCO 23

I want to thank all the wonderful volunteers who helped make our 23 SICCO such a successful event! There are so many people to thank for all their time and effort that I won't name any, because I'm sure I would forget someone. You know who you are, and you know what part of the event to which you contributed. **Thank you.**

We hosted about 200 riders at this year's event, and everything I heard from the riders was very positive regarding the ride, the ride volunteers and, of course, the wonderful weather!

We should all be proud of the great turnout. We worked hard and contributed many hours to make it so successful.

Next, we should turn our support to all our ride leaders who are the base of the Out-Spokin' Wheelmen. We are fortunate to have so many strong leaders in our club. We need to take the time to tell them how much we appreciate their efforts. **Thank you.**

Also, we need to plan for our picnic coming up this summer and make it a successful day.

Last, but not least, we all need to support our NEOC ride coming up at the end of summer. It's one of the oldest rides in the state of Ohio.

Once again, I want to thank all of you for the time that you devote to the club and let you know you are greatly appreciated. **Thank you.**



A special **THANK YOU** to Dave Hughes for organizing yet another fantastic SICCO ride. We greatly appreciate everything you do for the Out-Spokin' Wheelmen bicycle club.



May Rides + Activities:

Speeds: Leisurely: 9-11, Low-moderate:11-13,
Mid-moderate:12-14, High-moderate:13-15,
Brisk:15-18, Fast: 18+ mph

Rides should be submitted to our ride captain Rick Huggins at rickhuggins@prodigy.net

Please note: The printed schedule is subject to change. Please check the ride schedule on the website for additions or cancellations. Our ride captain also sends out email updates of the schedule. Contact Rick to be added to the update email list.

Repeating Weekly Rides

Mon. May 1, Mon. May 8, Mon. May 15, Tue. May 23, Tue. May 30

Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

Mon. May 1, Wed. May 3, Mon. May 8, Wed. May 10, Mon. May 15, Wed. May 17, Mon. May 22, Wed. May 24, Wed. May 31

After Work Ride Meet at the Mosquito Lake Beach (1439 Wilson Sharpville Rd) at 5:15 PM for the After Work Ride. This ride averages a mid-moderate pace with variances for coasting or riding uphill. Estimated distances is 20-25 miles. No ride in rain, snow, ice, lightning or thunder, or temperatures below 40 degrees. Call Kelley Walker at 330-505-3573.

Tue. May 2, Tue. May 9, Tue. May 16, Tue. May 23, Tue. May 30

Mill Creek Park Ride - Meet at the Newport Wetlands parking area at 6:00 pm. 15-20 miles at low - mid moderate pace. Some hilly terrain. No ride in rain. Call Ed Howley 330.793.8219.

Wed. May 3, Wed. May 10, Wed. May 17, Wed. May 24, Wed. May 31

Meet at Mosquito Lake beach parking lot at 10 AM for low moderate ride- 25 miles or so. No ride in rain. Rosemary 330-399-6141

Wed. May 3, Wed. May 10, Wed. May 17, Wed. May 24, Wed. May 31

Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927.

Thu. May 4, Thu. May 11, Thu. May 18, Thu. May 25
Mill Creek Trail Ride Meet at 5PM for a low to mid-moderate paced ride of 20 or more miles on the Mill Creek Greenway. Ride departs from the Experimental Farm parking lot. Riders opting for a slower pace or shorter distance can lead a "B" group if desired. This will be an excellent opportunity for those who prefer the trail system, but would like to ride with a group. No ride in rain or snow. Contact Tony Rothbrust at 330-337-0798 with questions.

Sun. May 7, Sun. May 14, Sun. May 21, Sun. May 28
Salem Afternoon Ride Leaves from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 2pm. 40+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927.

Sat. May 13, Sat. May 20, Sat. May 27
Ride til it hurts...then turn around ride Meet at 8AM at Poland High School (Dobbins Rd) for a long ride North. Ride will be relatively flat once we get across the valley and be around 100 miles. Pace will be brisk. The route will be simple and you can turn back at any point. Snack stop along the way, but not many options so fill your jersey pockets! Contact Rick Huggins @ 330-423-7615

Tues. May 9, Tue. May 16
Vienna Bike Ride - Meet at Mathews High School (4429 Warren-Sharon Rd. Vienna, Oh. 44473) at 5:30pm for a 20 to 25 mile ride in Northern Trumbull County. Ride will be led at a mid-moderate pace. Mostly flat with a few gently rolling hills. Dinner afterward's for those who would like at Brothers Pizza/Shevies Pub. (Great Food) Call Neil Betts at 330-240-2271.

Fri. May 12, Fri. May 19
Ride starts at Experimental Farm parking lot. We'll ride to Lake Erie Walnut Park at Ashtabula. 100+ mile base ride for our members doing the GAP rides next month Ride will leave at 8:00am. Mid moderate pace. Also riders who wish may turn around at any point. Most of the ride will be on trails but we may also ride some roads for a change of scenery. Dave Hughes 330-692-2468

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Other Rides/Activities

Tues. May 2

Trillium Ride Leaving Washingtonville Trailhead on the Columbiana Greenway at 10:30 AM, riding to to Lisbon for a quick lunch at Subway. Pace low moderate. 26 miles. No ride in the rain or less than 48 degrees. Helmets required. Lyn Baker 330-307-5122

Mon. May 8

Meet at Peninsula Trailhead at Lock 29 on the Cuyahoga Towpath at 10:00 AM. Cuyahoga Valley National Park, 1648 Mill St W, Peninsula, OH 44264. We will ride approx 35 miles on crushed limestone trail. Hybrid bikes are preferred although road bikes are acceptable. Low moderate pace. Lunch at the Winking Lizard. No ride in the rain or less than 48 degrees. Helmets required. Lyn Baker. 340-307-5122

Thu. May 11

OSW Meeting - Join us at 6:30pm*7:30pm at Ice House Inn, 5516 Webb Rd., Austintown for our monthly club meeting *Social hour at 6:30pm. Come early to the meeting and enjoy dinner and drinks. Food and drinks will be available throughout the meeting if you are unable to come early.

Fri. May 12

Dinner nite at 7 pm, in downtown Youngstown at V2. V2 is located on the corner of West Federal St. and North Phelps St. It's a Wine Bar with Italian flair. Dinner will be at 7pm. Parking sometimes requires a walk. Please call Paula 330 533 6299. The sooner the better for a seat at our table Cut off is Wed, May 10.

Sat. May 13

Pymatuning Lake Ride – Meet at the Pymatuning State Park campground parking lot at 2260 Williamsfield Rd. (St. Rt. 322) Jamestown, Pa 16134 at 10:00 am. Enjoy a scenic 40 to 45 mile ride around Pymatuning Lake with a lunch stop in Linesville Pa. Ride will be led at a mid-moderate pace. Mostly flat with a few gently rolling hills. Note: The starting point for this ride is about 1 ½ miles from the Ohio/Pa. state line into Pennsylvania on Rt. 322. Call Neil Betts at 330-240-2271.

Sat. May 13

Montour & Panhandle Trail Ride Leave the Coraopolis, PA trailhead (just off Coraopolis Rd./SR 51 in Coraopolis) at 8:00am. The Montour Trail is crushed limestone and the Panhandle Trail is more of a farm lane. The full ride goes from Coraopolis, PA to Weirton, WV and is about a 77 mile round trip but you can turn around at any point setting your own distance and turn it in to Rick. The pace will be what you feel comfortable with. Again, the trail is not paved, this is not for skinny tires! Call Jerry King at 330-398-2927.

Fri. May 26

Ride of Truth time trial – hill climb edition. Distance: about 3.5 miles. Pace: as fast as you can go! Must be member of OSW to participate. Meet at Yellow Creek Park, 17 Lowellville Rd, Struthers, OH 44471 at 6.00pm. Three miles on Lowellville Rd and then half a mile straight up the character-building Washington St/Kennedy Rd hill in Lowellville. Please call or email Bill Adams at 330-502-1972/billjadams72@gmail.com to register and get the complete route details.

