

Fresh Air

OutSpokin' Wheelmen

June 2018

About this Newsletter: Published by
OutSpokin' Wheelmen, PO Box 838,
Youngstown Ohio 44501
Editor: Kelley Walker kjwalker72@hotmail.com

Officers:

President: Mary Merritt 330-383-5993
Vice President: Neil Betts
Secretary: Lori Swan 330-550-3621
Treasurer: Lyn Baker 330-307-5122
Trustee: Ed Howley 330-793-8219
Committee Chairs:
Advocacy: Vacant
Bikeways: Neil Betts
Fresh Air Editor: Kelley Walker 330-505-3573
Historian: Lark Dickstein-Riennerth
330-261-3799
L.A.B. Rep.: Lowell Satre 330-743-2748
Membership: Jan McWilliams
janicmcw@att.net
Mileage: Rick Huggins
rickhuggins@prodigy.net
NEOC: John Nagy 330-534-5020
Program: Steve DuChene 330-568-8030
tevend@yahoo.com
Ride Captain: Juli Boles
harleyj@roadrunner.com
Safety: Frank Krygowski 330-757-9057
SICCO: Dave Hughes 330-692-2468
Social: Nalungo Aduma 330-743-4250
Website: Bill Adams billjadams72@gmail.com
www.outspokinwheelmen.com

Editor's Note: If your Fresh Air did not get to you,
please check your address/status with our
Membership Chair Jan McWilliams
(janicmcw@att.net), to be sure it is current.

Every month a new list of addresses is sent to the
editor to send out that issue.



Prez Sez

We are moving closer to establishing our
new website with ClubExpress.
All club members have been added to a
spreadsheet that was sent to Club
Express. It will be uploaded into the
system and become our Member
database. Jan McWilliams and Rick
Huggins have invested many hours to
make this happen.
Once everything is in place, we will pick a
“Go-Live” date. Go-Live is the time at
which something becomes available for
use. Everyone will receive an e-mail with
instruction on how to log into the site.
The ride schedule and meeting dates will
be available on a calendar. There will be
a page for club news. Some of the
benefits of using Club Express will be
automated membership renewals, keeping
records of finances, who attended our club
events, etc. There is also the possibility of
adding a photo album of our rides and
events.
I am looking forward to getting this up and
running. This will be a learning process for
all of us. More news will follow as we work
are way through this new system.
Happy Trails,
Mary

Next meeting is June 13th, 2018
Davidson's Tavern and Restaurant, 3636
Canfield Rd.
Social at 6:00 p.m. followed by the meeting
at 7:00 p.m.
Hope to see you there!

Secretary's Notes

OSW Meeting, 9 May 2018

Secretary's Notes
OSW Meeting, May 9, 2018

I. Meeting called to order by Pres. Mary Merritt

II. Motion made to accept minutes from previous meeting: Kelley Walker, 2nd Ed Howley

III. New members and guests: Dan Betts

IV. Executive Board reports:

President – Mary Merritt read Barb Howley's thank you note for the donation made by the club to Saint Jude Children's Hospital in honor of Barb's mother who recently passed away. Mary announced that she delivered a basket donated by OSW to YSU's earth day event.

Vice-President – Neil Betts – No report

Treasurer – Lyn Baker gave the SICCO report which had a profit of \$614.00. She then gave the treasurer's report. Beginning balance was \$14,551.00 and the ending balance was \$14,736.00. See the treasurer's report for further details. Lyn read a thank you from St. Jude Children's Hospital for our donation in memory of Barb Howley's mother. Lyn then reviewed Dave Hughes's United Way fundraiser ride which is Saturday, May 12. She also explained and brought flyers for the June 2 Homes for Kids Ride which is also a fundraiser. Lyn talked briefly about the OSW banquet. She has found a possible speaker. Lyn had some questions about members receiving hard copies of the newsletter that may not want or need them. She suggested that someone review and update the list of members that need or want to receive hard copies. The list will be worked on.

Secretary – Lori Swan - no report

Trustee – Ed Howley welcomed back Doug Crush and reported that Carl Talarico's sister is being treated for brain cancer. He reported

that Sherri Talarico made banana bread that would be given away as door prizes and that she also sent enough for all present to enjoy after dinner. Ed had talked to John Nagy and reported to members that John has finished his 5 weeks of radiation treatment and will most likely have surgery sometime in June. John sounded stronger and upbeat.

V. Committee reports:

Bikeways – Neil Betts reported that some existing bike trails in Pennsylvania are being added onto. He stated that there are some new bike lanes in Cleveland and that he would like to lead some rides in that area.

Historian – Lark Dickstein-Rienerth - no report

Membership – Jan McWilliams – reported that Rick Huggins is working on a spreadsheet for Club Express

Mileage – Rick Huggins – no report

NEOC – NEEDS A CHAIRPERSON. Mary has John's NEOC folder that has detailed records of what needs to be done and when it needs to be done. Registration forms need to be done. It was suggested that Bill Adams may update the forms and then they can be printed. Pete Milliken asked about a news release for NEOC. Mary will discuss it with John and Pete volunteered to do the write up.

Newsletter editor – Kelley Walker asked those present if they received this month's newsletter. Several members did not receive it. It was decided that if someone doesn't get the newsletter emailed to them, contact Kelley through email and he will send it. Kelley reminded members to also check the OSW website for the newsletter as well as updates on rides.

Ride Captain – Juli Boles - no report

Safety – Frank Krygowski – no report

SICCO – Dave Hughes – thanked all the volunteers. Mary led the club with applause thanking Dave for all of his hard work. Dave

talked to the Boardman Township assistant director of Zoning and Development, Tricia D'Avignon. She would like to have a ride schedule for Boardman. She may come to a meeting for some insight on how to do that. Dave also proposed that the club donate \$1,000.00 each to 4 local bike trails since our members use them. He suggested this could be discussed at an executive board meeting. Pete Milliken asked how the money would be used. Dave felt it would be used for maintenance of the trails. Neil suggested another way for our club to help with trails would be to help the WOW Ride. He will contact Dave Ambrose, the head of the WOW committee and will report back to the club.

Social – Nalungo Aduma – no report

Website – Bill Adams: no report.

VI. Old Business

VII. New Business – Programs- Steve DuChene called Mary regarding where he could hold the Tech Day presentations he had mentioned last year. Lyn suggested he call a few libraries because they would have AV equipment.

Mary asked members to think about where and when we might want to have a picnic this year. It will be brought up again at next month's meeting.

Prizes were given at the end of the meeting. Meeting was adjourned.

Respectfully submitted by Barb Howley

New Members

Sharon PA

Dan Killa

June Birthdays

1 Greg Merritt

2 Carl Frost

- 4 Aubrey Cann
- 7 Daniel Bauer
- 8 Colin Frost
- 8 Bill Kerrigan
- 9 Duane Metz
- 9 Burlyn Nash
- 9 Edward Pretot
- 10 Lori Hillman
- 11 Annette Jones
- 12 Tibor Borsos
- 15 Kevan Larson
- 15 Jacquelyn Thomas
- 16 Breen Bannon
- 18 Butch Snyder
- 24 Jean McGearry
- 25 Ellen Ford
- 26 William Liptak
- 26 Shari Talarico

Mileage Report

Here are this month's mileage leaders!

Rank	RIDER DATA	Miles	Rides	Av Dist
1	King, Jerry	1594	34	47
2	Murwin, Bob	1081	32	34
3	Baker, Lyn	998	30	33
4	Hughes, David	974	25	39
5	McCuen, David	941	27	35
6	Henderson, J.	794	16	50
7	McWilliams, J.	713	20	36
8	Cameron, Rich	687	19	36
9	Boles, Juli	576	21	27
10	Howley, Ed	440	16	28
11	Walker, Kelley	398	13	31
12	Daniel, Jerry	387	12	32
13	Kravec, Ed	373	8	47
14	Howley, Barb	365	13	28
14	Thomas, John	365	14	26
16	Rigby, Ed	312	11	28
17	DuChene, S.	299	9	33
18	Rothbrust, T.	294	12	25
19	Huggins, Rick	273	6	46
20	Terry, Jennifer	242	9	27

	TOTAL YTD	PREV YR
Total Club Miles	15805	26497
Ride Participations	468	734
Average Ride Length	33.8	36.1
Active Riders YTD	59	77

Do you want to receive Ride Report messages and mid-month Ride Schedule updates via email? Send your email address to RickHuggins@prodigy.net and be sure to add my email address to your "safe sender" list so the updates aren't blocked by your spam filter. - Rick

June Rides + Activities:

Speeds: Leisurely: 9-11, Low-moderate:11-13, Mid-moderate:12-14, High-moderate:13-15, Brisk:15-18, Fast: 18+ mph

Rides should be submitted to our ride captain Juli Boles at harleyj@roadrunner.com

Please note: The printed schedule is subject to change. Please check the ride schedule on the website for additions or cancellations. Our ride captain also sends out email updates of the schedule. Contact Rick to be added to the update email list.

Fri. Jun 1 Meet 10 AM in Orwell, Oh at Welded Tubes parking lot off the Western Reserve Greenway trail. Parking lot is off Penniman Rd on Rt 322 in Orwell. Mid to moderate pace for 45-50 miles. Lunch stop at Geneva on the Lake. All riders required to be of good humor and wonderful smiles. It is summertime! David Hughes 330-692-2468.

Fri. Jun 1 Meet Canfield Experimental farm parking lot for ride leaving at 6 pm on the Canfield Bike Trail. 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sun. Jun 3 Meet Sunnyside Trail, Route 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. No ride rain. Karen Clarke 330-647-5805 and/or Nancy Vasel 330-984-3800.

Sun. Jun 3 Join Duane Metz and Mill Creek Park on June 3 for a 10 mile hike in beautiful Mill Creek Park. Meet at 1:00 at the Ford Nature Center. There also will be a shorter 5 mile hike that will be leaving at the same time. If any questions call Duane at 330-565-5071 <tel:330-565-5071> or the Nature Center at 330-740-7107 <tel:330-740-7107> .

Sun. June 3. Canfield Afternoon Ride . Leaves Canfield Experimental Farm trailhead at 2:00 PM. 30 to 40+ miles on flat to gently rolling terrain, mid to high moderate pace. Call Dave McCuen at 216 496-1220 <tel:216%20496-1220> .

Mon. Jun 4 Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

Mon. Jun 4 Meet at the Kirk Road trailhead at 10 AM for 30-35 miles at low to mid moderate pace both on and off the bike trail. No ride in rain. (Call if weather questionable) Call Barb or Ed Howley 330-793-8219.

Tues Jun 5 Mill Creek Newport Wetlands 3:30 pm, 25-30 miles in and out of park. Note—high moderate to brisk pace. No ride inclement weather. Call Rich Cameron 724-714-7928.

Wed Jun 6 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Jun 6 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927.

Wed. Jun 6 Meet at the Mosquito Lake Beach at 5:15 PM for the After Work Ride. This is a mid to high moderate pace ride with variances for coasting or riding uphill. Estimated distance is 25 to 30 miles. No ride in inclement weather including lightning and thunder. Call Kelley Walker at 330-505-3573

Thur Jun 7 Meet 10 AM at Bogey's, 3535 Upland Rd, Lowellville, Oh for 20-25 apprx miles

low-moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-5770 <tel:330-942-5770> or John Thomas 330-609-9807.

Thur Jun 7 Canfield Experimental Farm trail head at 5:30 PM, meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798 <tel:330-337-0798> .

Fri. Jun 8 Meet 10 AM at Ravenna Ohio Community Park, 141 Chestnut Hills Drive, Ravenna, OH 44266. Ride 45-50 miles, mid to moderate pace. Questions call David Hughes 330-692-2468.

Fri Jun 8 OSW Dinner night out. We will try to embrace the summer and pray no rain! Join us lakeside at Mark's Landing, 33220 Charlton Drive, Lisbon, Oh 44432 at Guilford State Park. Dinner at 7 pm. Call Paula Kohler for reservations 330-533-6299 before 10 pm Wed June 6th.

Sat. June 9 BOWWOW (Bike Our Way to WOW. Sorry, it doesn't have the ring of "Even SICCOer".) Leaves 1200 Jones Drive, Salem (my house) at 7am for a 130+ roundtrip to and including the World of Wildlife ride in Warren. 100 mile option as well. Must be registered for the WOW ride or register the day of. High-moderate to brisk pace. Call Jerry King at 330-398-2927.

Sat. Jun 9 WOW ride. World of Wildlife Tour, Warren, OH. Most of ride takes place on Western Reserve Greenway in Trumbull and Ashtabula Counties. Google Trumbull Metro Parks WOW ride for details or see info in Ohio Bicycle Events Calendar for details.

Sun. Jun 10 Meet Sunnyside Trail, Route 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. No ride rain. Karen Clarke 330-647-5805 and/or Nancy Vasel 330-984-3800.

Sun. June 10 Canfield Afternoon Ride . Leaves Canfield Experimental Farm trailhead at 2:00

PM. 30 to 40+ miles on flat to gently rolling terrain, mid to high moderate pace. Ride leader needed this is show and go ride.

Mon. Jun 11 Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

Tues Jun 12 Mill Creek Newport Wetlands 3:30 pm, 25-30 miles in and out of park. Note—high moderate to brisk pace. No ride inclement weather. Call Rich Cameron 724-714-7928.

Wed Jun 13 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Jun 13 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927.

Wed. Jun 13 OSW meeting Davidson Restaurant, Canfield, Oh. Social time 6pm with meeting at 7pm.

Thur Jun 14 Meet 10 am at Bogey's, 3535 Upland Rd, Lowellville, Oh for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-5770 or John Thomas 330-609-9807 <tel:330-609-9807> .

Thur Jun 14 Canfield Experimental Farm trail head at 5:30 PM, meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798.

Fri. Jun 15 Meet 10 AM at Ernie's Bicycle Shop, State Rt 21 and Lake Ave NW, Massillon, OH. 45-50 miles. Mid to Mod pace. Bring

bike for riding on compacted sand and gravel. Questions call David Hughes 330-692-2468.

Fri. Jun 15 Meet Canfield Experimental farm parking lot for ride leaving at 6 pm on the Canfield Bike Trail. 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sun. Jun 17 Meet Sunnyside Trail, Route 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. No ride rain. Karen Clarke 330-647-5805 and/or Nancy Vasel 330-984-3800.

Sun. June 17 Canfield Afternoon Ride . Leaves Canfield Experimental Farm trailhead at 2:00 PM. 30 to 40+ miles on flat to gently rolling terrain, mid to high moderate pace. Call Dave McCuen at 216 496-1220.

Mon. Jun 18 Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927
jckingphoto@gmail.com

Tues. June 19th Explore Cleveland Bike Ride – Meet at Trail Head located at, 1357 Abbey Ave. Cleveland, Ohio 44113 at 10:00 am. Enjoy a 35 to 45 mile ride discovering Cleveland at a mid-moderate pace. Ride will be a combination of bike trail, road and city street riding with a lunch stop after the ride at the famous Sokolowski's University Inn. (Cleveland's oldest family owned Restaurant) Information: call Neil Betts at 330-240-2271.

Tues Jun 19 Mill Creek Newport Wetlands 3:30 pm, 25-30 miles in and out of park. Note—high moderate to brisk pace. No ride inclement weather. Call Rich Cameron 724-714-7928.

Wed Jun 20 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Jun 20 Meet at the Mosquito Lake Beach at 5:15 PM for the After Work Ride. This is a mid to high moderate pace ride with variances for coasting or riding uphill. Estimated distance is 25 to 30 miles. No ride in inclement weather including lightning and thunder. Call Kelley Walker at 330-505-3573 .

Wed. Jun 20 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. The "A Group" will be doing our annual Carrolton Ride of 60 or perhaps 70 hilly miles if the weather and light allow. This is a fast, difficult ride and you will get dropped if you are too far behind. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927.

Thur Jun 21 Meet 10 AM at Bogey's, 3535 Upland Rd, Lowellville, Oh for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-5770 or John Thomas 330-609-9807 <tel:330-609-9807> .

Thur Jun 21 Canfield Experimental Farm trail head at 5:30 PM, meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798 <tel:330-337-0798> .

Fri. Jun 22 Meet 10 AM at the Pennsylvania State Park campground parking lot located at 2660 Williamsfield Rd.(Rt 322) Jamestown Pa., Located 1.3 miles East of the Ohio / Pa State line on Rt 322, for 45-50 miles riding around Pymatuning Lake. Call David Hughes 330-692-2468 or Neil Betts 330-240-2271.

Fri. Jun 22 Meet Canfield Experimental farm parking lot for ride leaving at 6 pm on the Canfield Bike Trail. 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sat Jun 23 Meet 9 AM Kent State Trumbull Campus, 50 miles, stopping at Garrettsville Summer Fest (bring a lock just in case) mid moderate pace. John Zenobile 330-509-2580.

Sat Jun 23 Meet at the Experimental Farm in Canfield at 10 AM. Ride to Lisbon and back with a stop there for lunch. Mid to high moderate pace ride. Estimated distance is 45 miles. Call Kelley Walker at 330-505-3573.

Sun. Jun 24 Meet Sunnyside Trail, Route 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. No ride rain. Karen Clarke 330-647-5805 and/or Nancy Vassel 330-984-3800.

Sun. June 24 Canfield Afternoon Ride . Leaves Canfield Experimental Farm trailhead at 2:00 PM. 30 to 40+ miles on flat to gently rolling terrain, mid to high moderate pace. Call Dave McCuen at 216 496-1220.

Mon. Jun 25 Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

Tues Jun 26 Mill Creek Newport Wetlands 3:30 pm, 25-30 miles in and out of park. Note—high moderate to brisk pace. No ride inclement weather. Call Rich Cameron 724-714-7928.

Wed Jun 27 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Jun 27 Meet at the Mosquito Lake Beach at 5:15 PM for the After Work Ride. This is a mid to high moderate pace ride with variances for coasting or riding uphill. Estimated distance is 25 to 30 miles. No ride in inclement weather including lightning and thunder. Call Kelley Walker at 330-505-3573

Wed. Jun 27 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. (Carrolton Ride backup day) Maybe a "B Group" if we have the riders?? Rides vary

from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call 330-398-2927

Thur Jun 28 Meet 10 AM at Bogey's, 3535 Up-land Rd, Lowellville, Oh for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-5770 or John Thomas 330-609-9807.

Thur Jun 28 Canfield Experimental Farm trail head at 5:30 PM, meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798 > .

Fri Jun 29 Starting at Canfield Farm parking lot at 10 AM ride 45-50 miles mid to mod pace. Must be of good humor and smiling faces. David Hughes 330-692-2468.

Fri. Jun 29 Meet Canfield Experimental farm parking lot for ride leaving at 6 pm on the Canfield Bike Trail. 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sat Jun 30 Meet 10 AM Matthews High School, Vienna, Oh. Ride 40 miles Mid Mod pace, lunch in Hubbard, Oh. John Zenobile 330-509-2580.

REMINDER "PREVIEW" of ride offered in near future so riders interested are able to plan ahead!!

Jul 8 thru Jul 11 Greenbrier River Trail & West Fork River Trail, West Virginia We will be staying at cabin(s) at Watoga State Park at Seebert, West Virginia near the halfway mark of the 78 mile long Greenbrier River Trail. Meet there on Sunday the 8th, ride south on Monday and north on Tuesday. Both segments have a long tunnel so bring a light!! Check out early on Wednesday, drive about sixty miles north and ride the 24 mile long West Fork River Trail, returning home afterwards. Both trails are through beautiful countryside and are not paved. These are not for road bikes. Cabins at Watoga are \$129 per night, plus tax, for a cabin that sleeps six. Contact Jerry King for more details if interested. 330-398-2927 jdkingphoto@gmail.com

