

# Fresh Air



## OutSpokin' Wheelmen

### April 2018

About this Newsletter: Published by  
OutSpokin' Wheelmen, PO Box 838,  
Youngstown Ohio 44501  
Editor: Kelley Walker  
[kjwalker72@hotmail.com](mailto:kjwalker72@hotmail.com)

#### Officers:

**President:** Mary Merritt 330-383-5993

**Vice President:** Neil Betts

**Secretary:** Lori Swan

**Treasurer:** Lyn Baker 330-307-5122

**Trustee:** Ed Howley 330-793-8219

#### Committee Chairs:

**Advocacy:** Vacant

**Bikeways:** Neil Betts

**Fresh Air Editor:** Kelley Walker 330-505-3573

**Historian:** Lark Dickstein-Rienarth  
330-261-3799

**L.A.B. Rep.:** Lowell Satre 330-743-2748

**Membership:** Jan McWilliams

[janicemcw@att.net](mailto:janicemcw@att.net)

**Mileage:** Rick Huggins

[rickhuggins@prodigy.net](mailto:rickhuggins@prodigy.net)

**NEOC:** John Nagy 330-534-5020

**Program:** Steve DuChene 330-568-8030  
[tevend@yahoo.com](mailto:tevend@yahoo.com)

**Ride Captain:** Juli Boles

[harleyj@roadrunner.com](mailto:harleyj@roadrunner.com)

**Safety:** Frank Krygowski 330-757-9057

**SICCO:** Dave Hughes 330-692-2468

**Social:** Nalungo Aduma 330-743-4250

**Website:** Bill Adams [billjadams72@gmail.com](mailto:billjadams72@gmail.com)

[www.outspokinwheelmen.com](http://www.outspokinwheelmen.com)

**Editor's Note:** If your Fresh Air did not get to you,  
please check your address/status with our  
Membership Chair Jan McWilliams

( [janicemcw@att.net](mailto:janicemcw@att.net) ), to be sure it is current.

Every month a new list of addresses is sent to the  
editor to send out that issue.

## Prez Sez

Spring is here, but it doesn't look or feel like it.

I don't think I would be missing work this late in the year due to a snow storm. Next month, I will not have to think about work because I will be retiring after 20 years as the facility manager for Oracle Corporation in Pittsburgh. Although the celebrations have started, the official date is April 2.

It's the beginning of a new chapter for me. I'm looking forward to it with great anticipation. A new schedule will be in effect – more biking, gardening, and kayaking.

Speaking of new, at last month's meeting, the club voted "yes" to the use of a new on-line website. The committee is moving ahead with getting everything set-up with Club Express. Our membership chair, Jan, has been working hard behind the scenes to get things ready for the "Go-Live." Club Express web engineers have been very helpful and supportive with our transition.

Also new is the club's Fresh Air newsletter editor. Thank you, Kelley, for stepping up to the plate and taking on the position.

Our next meeting is April 11. And don't forget, we are meeting at the new location. Hope to see you at the next meeting at Davidson's Tavern and Restaurant, 3636 Canfield Road.

Mary

A bicycling movie is due to be in theaters on May 22: It is entitled: "Godspeed: The Race Across America." I noticed it while looking at the Regal listings for the week.  
Editor.

## Mileage Report

Here are the current mileage leaders for the 2018 season:

Rank	(Last Name, First)	Total Miles	Rides
1	Cameron, Rich	470	14
2	Murwin, Bob	441	13
3	King, Jerry	385	10
4	McCuen, David	369	10
4	McWilliams, Janice	369	10
6	Hughes, David	246	8
7	Baker, Lyn	233	7
8	Rothburst, Tony	129	6
9	Henderson, Jack	113	3
10	Boles, Juli	108	4
11	Kravec, Ed	104	3
12	DuChene Steven	97	4
13	Huggins, Rick	87	2
14	Daniel, Jerry	85	3
15	Howley, Barb	78	3
15	Howley, Ed	78	3
17	Thomas, John	48	2
18	McKenney, David	44	1
19	Milliken, Peter	25	1
20	Betts, Neil	23	1

## April Birthdays

- 1 Lee Swan
- 3 Patti Hall
- 4 Lori Swan
- 5 Hayden Bellock
- 6 Rick Barnhart
- 12 Sherman Merritt
- 14 Michael Stevens
- 16 Dino Angelici
- 17 Ed Howley
- 17 Jay Wonders
- 19 Matthew Lydic
- 20 Robert P. Vogt, Sr.
- 21 Ann Fetrow
- 24 John Frease
- 24 Scott Ricciardi
- 25 Jerry King
- 26 Pat De Vito

### New Members

- Austintown Donna McNierney
- Canfield Dan Betts
- Columbiana Odie JB Bacorn
- Warren Ronald Cvengros
- Rogers Lloyd Willis
- Hubbard Edward Rigby

Club Data	Current YTD	Prior
YTD Total Club Miles	3582	6212
Ride Participations	111	193
Average Ride Length	32.3	32.2
Active Riders YTD	23	45

Do you want to receive Ride Report messages and mid-month Ride Schedule updates via email? Send your email address to [RickHuggins@prodigy.net](mailto:RickHuggins@prodigy.net) and be sure to add my email address to your "safe sender" list so the updates aren't blocked by your spam filter. - Rick

**OSW Monthly Meeting**  
 Wed, April 11, 2018 6:00pm  
 social/7:00pm meeting  
 Davidson's Westchester Dr.,  
 Austintown

## Secretary's Notes OSW March 14<sup>th</sup> 2018

President Mary welcomed all the members at our new meeting place, Davidsons in Canfield.

### Executive Board Reports

**President** – Mary Merritt – no report

**Vice President** – Neil Betts – no report

**Treasurer** – Lynn Baker – the beginning balance of the club treasury was 13,788.38. The ending balance was 13,698.49. See financial report for details. Lynn mentioned that the club's ad's for SICCO and NEOC were in the OBF calendar of events book and look great. The club received a thank you note from OBF for the clubs three year membership renewal. Lynn requested a club donation for her participation in the Pan Ohio Hope Ride. Money raised on this ride supports the services of the American Cancer Society. Dave Hughes and Rick Barnhart also support this event.

**Secretary** – Lori Swan – no report. A motion was made by John McCormick to accept the February minutes, and Greg Merritt seconded.

**Trustee** – Ed Howley – Ed mentioned that club members can also donate to Petotonia or Pan Ohio Hope ride to support the riders.

### Committee Reports

**Bikeways** – Neil Betts – watch for new rides to appear on the ride schedule.

**Historian** – Lark Dickstein – no report

Membership- Jan McWilliams – absent from the meeting

**Mileage** – Rick Huggins – Rick reported current club miles is 3466, prior year to date was 5825.

Rich Cameron is in number one slot, Bob Murwin is nipping at his pedals, and Dave McCuen and Jan McWilliams are not to far behind.

**NEOC**- a chairman is still needed for this event. Carl and Sherri Tallerico volunteered for taking over the kitchen for this event.

**Newsletter**- Kelley Walker – Jim O'Malley suggested that the newsletter be published for the next three months till the new web site is up and running. This will help inform members of the new web site and all that will offer. Information can be sent to Kelley at [KJWALKER72@hotmail.com](mailto:KJWALKER72@hotmail.com). He would like information by the 20<sup>th</sup> of the month.

**Ride Captain** -Juli Boles -absent form meeting

**Safety**- Frank Krygowski – Frank and Ed Howley serve on a advisory committee for the Mill Creek Parks. Frank reported on the proposed bicycle and recreation facility safety policies for Mill Creek Metroparks. First proposal – Metroparks is encouraged to facilitate early public input regarding recreational facility plans. Allow the Community Engagement to seek early input from affected user groups and knowledgeable users. Second proposal – Whenever possible, Metroparks should be guided by the “Guide for the Development of Bicycle Facilities” published by AASHTO, plus standards set by the State of Ohio. Third proposal – As opportunities present themselves, Metroparks should reevaluate exiting designs that reduce bicyclist safety and address them in accordance with the policies state above.

**SICCO**- Dave Hughes- volunteers are still needed for SICCO. Event date is April 15<sup>th</sup>.

**Social** – Nalungo Aduma – absent from the meeting.

**Website** – Bill Adams – absent from the meeting. Mary reported that when we go live with Club Express, we will have the latest version. Lynn reported that the financial part has been set up with Club Express. Next step is to get membership uploaded.

### Old Business

Mary made a motion for the Club Bylaws to be reworded. Currently under Article II, they state that the club is committed to the League of American Bicyclist. Since the club no longer belongs to the organization, the bylaws will be amended. Frank Krygowski seconded this motion. Mary also will re-number the bylaws as they are out of numerical order.

Dave Hughes made a motion for the club to spend up to 150.00 for a basket to be given away at YSU Earth Day. Lowell Satre seconded this motion. A volunteer is still needed to put the basket together.

Mary asked the club if there was anyone interested in serving on the OBF marketing committee. No one present was interested in serving.

### New Business

Discussion from the members for changing the newsletter to a quarterly publication – mail to lifetime members and

ride schedule not to be in the newsletter. Frank said he missed the ride reports that used to be in the newsletter. It was suggested that for a limited time the newsletter will be mailed to lifetime members. Once the new website running, the newsletter will posted there.

Lowell and Ellen Satre will be riding the Pelotonia ride again and asked the club for a donation. Pelotonia is a cancer fund raising ride.

Jerry King talked about his ride that he posted, the ride is July 8-11, starting in West Virginia.

Details in the email that was sent out.

### April Rides + Activities:

**Speeds:** Leisurely: 9-11, Low-moderate:11-13, Mid-moderate:12-14, High-moderate:13-15, Brisk:15-18, Fast: 18+ mph

Rides should be submitted to our ride captain Juli Boles at harleyj@roadrunner.com

**Please note:** The printed schedule is subject to change. Please check the ride schedule on the website for additions or cancellations. Our ride captain also sends out email updates of the schedule. Contact Rick to be added to the update email list.

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**Sun Apr 1** Meet 11 AM Howland Library, Howland, Oh. 30 mile apprx. Mid-mod pace. Call John Zenobile 330-509-2580.

**Sun. Apr 1** Salem Afternoon Ride Leaves at 2pm from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 30+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927..

**Mon. Apr 2** Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high-moderate pace. 30+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

**Tues. Apr 3** Mill Creek Newport Wetlands. 1 PM 25-30 mi. In and out of park. High-mod (B grp invited). No ride inclement weather. Call Rich Cameron 724-714-7928

**Wed. Apr 4** Salem Wednesday Ride Leaves at 4pm from Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 50+ miles at brisk pace, with only short breaks until just before dusk. "B Group" if we have the riders. Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927

**Wed. Apr 4** Meet at the Mosquito Lake Beach at 5:15 PM. Mid to high moderate pace ride. Estimated distance is 20 to 25 miles. No ride in inclement weather, lightning, thunder or temperatures below 45 degrees. Call Kelley Walker at 330-505-3573.

**Fri. Apr 6** Starting at Canfield Farm parking lot at 11 AM. 30-40 miles. Above 40 degrees at start time. Mid to Moderate pace. Bring a friend and lots of smiles. Good humor a must. David Hughes 330-692-2468

**Sat. Apr 7** Meet at the Experimental Farm in Canfield at 10 AM. Ride to Lisbon and back with a stop there for lunch. Mid to high moderate pace ride. Estimated distance is 45 miles. No ride in inclement weather, lightning, thunder or temperatures below 45 degrees. Call Kelley Walker at 330-505-3573

**Sun Apr 8** Meet 11 AM Howland Library, Howland, Oh. 30 mile apprx. Mid-mod pace. Call John Zenobile 330-509-2580 .

**Sun. Apr 8** Salem Afternoon Ride Leaves at 2pm from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 30+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927

**Mon. Apr 9** Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high-moderate pace. 30+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

**Mon. Apr 9** Meet at the Kirk Road trailhead at 11:00 am. 25 - 30 miles at a low to mid moderate pace both on and off the bike trail. No ride in the rain or temp below 45 degrees. (Call if close) Call Barb or Ed Howley 330.793.8219

**Tues. Apr 10** Mill Creek Newport Wetlands. 1 PM 25-30 mi. In and out of park. High-mod (B grp invited). No ride inclement weather. Call Rich Cameron 724-714-7928

**Wed. Apr 11** Meet Mosquito Lake beach parking lot at 11 AM for low moderate ride. About 20 miles or so. No ride in the rain. Rose 330-399-6141

**Wed. Apr 11** Salem Wednesday Ride Leaves at 4pm from Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 50+ miles at brisk pace, with only short breaks until just before dusk. "B Group" if we have the riders. Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927

**Wed. April 11** OSW meeting at Davidson's Restaurant, 3636 Canfield Rd., Canfield, OH. Social hour 6 PM. Meeting 7 PM.

**Thur Apr 12** Bogey's Ride! Meet 11 AM at Bogey's, 3535 Upland Rd, Lowellville, Oh. for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after. Ride leaders John McCormick 330-942-5770 or John Thomas 330-609-9807.

**Thur Apr 12** Canfield Experimental Farm trail head at 5 PM meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798.

**Fri. Apr 13** Starting at Canfield Farm parking lot at 11 AM. 30-40 miles. Above 40 degrees at start time. Mid to Moderate pace. Bring a friend and lots of smiles. Good humor a must. David Hughes 330-692-2468

**Sat. April 14** OSW Dinner night will be on SATURDAY, not our usual Friday, We will meet at Zenobia at 584 E Main St, Canfield, OH 44406 in Hilltop Plaza at 5:00 pm (early dinner people) If you haven't finished your tax return...oh well, we will miss you! Call Paula by Thursday April 12 for reservations 330 533-6299

**Sun. Apr 15** Even SICCOer Leaves 1200 Jones Drive, Salem (my house) at 7am for a 100 mile roundtrip to and including the SICCO ride. Brisk pace. Call Jerry King at 330-398-2927

**Sun. Apr 15** SICCO reminder, see OSW website for details. Reg 8-10 AM Firestone Park, Columbiana, OH. Varied miles, pizza, fun! Dave Hughes 330-692-2468

**Mon. Apr 16** Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high-moderate pace. 30+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

**Mon. Apr 16** Meet at the Kirk Road trailhead at 11:00 am. 25 - 30 miles at a low to mid moderate pace both on and off the bike trail. No ride in the rain or temp below 45 degrees. (Call if close) Call Barb or Ed Howley 330.793.8219

**Tues. Apr 17** Mill Creek Newport Wetlands. 1 PM 25-30 mi. In and out of park. High-mod (B grp invited). No ride inclement weather. Call Rich Cameron 724-714-7928

**Wed. Apr 18** Meet Mosquito Lake beach parking lot at 11 AM for low moderate ride. About 20 miles or so. No ride in the rain. Rose 330-399-6141

**Wed. Apr 18** Salem Wednesday Ride Leaves at 4pm from Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 50+ miles at brisk pace, with only short breaks until just before dusk. "B Group" if we have the riders. Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927.

**Wed. April 18** Meet at the Mosquito Lake Beach at 5:15 PM. Mid to high moderate pace ride. Estimated distance is 20 to 25 miles. No ride in inclement weather, lightning, thunder or temperatures below 45 degrees. Call Kelley Walker at 330-505-3573.

**Thur Apr 19** Bogey's Ride! Meet 11 AM at Bogey's, 3535 Upland Rd, Lowellville, Oh for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after. Ride leaders John McCormick 330-942-5770 or John Thomas 330-609-9807.

**Thur Apr 19** Canfield Experimental Farm trail head at 5 PM meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798.

**Fri. Apr 20** Starting at Canfield Farm parking lot at 11 AM. 30-40 miles. Above 40 degrees at start time. Mid to Moderate pace. Bring a friend and lots of smiles. Good humor a must. David Hughes 330-692-2468.

**Sat Apr 21** COVERED BRIDGE RIDE: Leave the Mahoning Bikeway's Kirk Road trailhead at 9:30 a.m. for a leisurely and generally flat 40-mile round-trip ride to Newton Falls. Lunch stop in mid-ride at the Covered Bridge Inn. No ride in the rain. Call Pete Milliken 330-792-0232.

**Sun Apr 22** Meet 11 AM Howland Library, Howland, Oh. 30 mile apprx. Mid-mod pace. Call John Zenobile 330-509-2580

**Sun. Apr 22** Salem Afternoon Ride Leaves at 2pm from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 30+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927.

**Mon. Apr 23** Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high-moderate pace. 30+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

**Mon. Apr 23** Meet at the Kirk Road trailhead at 11:00 am. 25 - 30 miles at a low to mid moderate pace both on and off the bike trail. No ride in the rain or temp below 45 degrees. (Call if close) Call Barb or Ed Howley 330.793.8219

**Tues. Apr 24** Mill Creek Newport Wetlands. 1 PM 25-30 mi. In and out of park. High-mod (B grp invited). No ride inclement weather. Call Rich Cameron 724-714-7928

**Wed. Apr 25** Meet Mosquito Lake beach parking lot at 11 AM for low moderate ride. About 20 miles or so. No ride in the rain. Rose 330-399-6141

**Wed. Apr 25** Salem Wednesday Ride Leaves at 4pm from Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 50+ miles at brisk pace, with only short breaks until just before dusk. "B Group" if we have the riders. Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 330-398-2927

**Wed. April 25** Meet at the Mosquito Lake Beach at 5:15 PM. Mid to high moderate pace ride. Estimated distance is 20 to 25 miles. No ride in inclement weather, lightning, thunder or temperatures below 45 degrees. Call Kelley Walker at 330-505-3573.

**Thur Apr 26** Bogey's Ride! Meet 11 AM at Bogey's, 3535 Upland Rd, Lowellville, Oh for 20-25 apprx miles low-moderate pace. Park in rear. Lunch after. Ride leaders John McCormick 330-942-5770 or John Thomas 330-609-9807.

**Thur Apr 26** Canfield Experimental Farm trail head at 5 PM meet in paved lot. Low-mid moderate pace, 20-28 miles. No ride rain. Tony Rothbrust 330-337-0798.

**Fri. Apr 27** Starting at Canfield Farm parking lot at 11 AM. 30-40 miles. Above 40 degrees at start time. Mid to Moderate pace. Bring a friend and lots of smiles. Good humor a must. David Hughes 330-692-2468.

**Sun Apr 29** Meet 11 AM Howland Library, Howland, Oh. 30 mile apprx. Mid-mod pace. Call John Zenobile 330-509-2580

**Sun. Apr 29** Salem Afternoon Ride Leaves at 2pm from the Salem 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.). 30+ miles on fairly flat to gently rolling terrain, at mid to high moderate pace. Call Jerry King at 330-398-2927.

**Mon. Apr 30** Hill Repeats Meet at the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a high-moderate pace. 30+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 330-398-2927 jdkingphoto@gmail.com

**Mon. Apr 30** Meet at the Kirk Road trailhead at 11:00 am. 25 - 30 miles at a low to mid moderate pace both on and off the bike trail. No ride in the rain or temp below 45 degrees. (Call if close) Call Barb or Ed Howley 330.793.8219

**PREVIEW and Plan Ride:**

**Jul 8 thru Jul 11** Greenbrier River Trail & West Fork River Trail, West Virginia We will be staying at cabin(s) at Watoga State Park at Seebert, West Virginia near the halfway mark of the 78 mile long Greenbrier River Trail. Meet there on Sunday the 8th, ride south on Monday and north on Tuesday. Both segments have a long tunnel so bring a light!! Check out early on Wednesday, drive about sixty miles north and ride the 24 mile long West Fork River Trail, returning home afterwards. Both trails are through beautiful countryside and are not paved. These are not for road bikes. Cabins at Watoga are \$129 per night, plus tax, for a cabin that sleeps six. Contact Jerry King for more details if interested. 330-398-2927 <tel:330-398-2927> [jdkingphoto@gmail.com](mailto:jdkingphoto@gmail.com)

